

# Build Your Kits

You can also use Red Cross or other resource guides in addition to these pages. Take your time assembling. Recommended minimum is 21-day supply. Spread out purchases over time. **Check your kits annually and replace expired items.**

## Home Emergency Supplies

Start by finding supplies you already have at home. If you keep any of these supplies in portable containers or back-packs, they can be part of your “Go Kit.”



### Water & Food:

- 1 gal water per person per day
- Water filter, life straw, purification devices/tablets
- Canteens & 2 or 5 gallon empty water containers (for alternative water collection if needed)
- Non-perishable food, such as high-calorie food bars, MREs, freeze-dried meals, canned goods, baby food
- Pet food (dried & canned) and bowl
- Mess kit – utensils, paper towels
- Cookware – Manual can opener (P-38, for example), metal pot & cup to heat, portable stove & fuel
- Seeds for a vegetable garden

### Sanitation & Personal Hygiene

- Soap bars, travel-size baby wipes, hand sanitizer
- Toilet paper, garbage bags, wag bag
- Liquid detergent & liquid bleach
- Toothbrush, toothpaste, shampoo
- Scissors, tweezers, nail clippers
- Travel size lotion, sunscreen, lip balm
- Small pack towel
- Feminine hygiene items, diapers
- Pee and poo buckets

### First Aid & Medication:

- Basic first-aid kit, disinfectant, pain meds, EMT shears, bandages, first-aid manual, insect repellent
- Disposable nitrile gloves & hand sanitizer
- Prescription meds
- Extra eyeglasses, safety glasses, sunglasses
- Contacts and solutions
- Hearing aid and batteries
- N95 dust mask per person
- Personal items needed by you or your family
- HEPA filter for smokey atmosphere

### Shelter, Comfort, Personal Items

- Change of clothes, underwear
- Boots or sturdy shoes, wool socks
- Warm jacket, fleece, shemagh
- Wool watch-type cap, hat with flex brim
- Head Scarf (Nijab, Keffiyeh)
- Gloves, hand warmers (heat packs)
- Waterproof rain pants and jacket/poncho
- Cash (small bills), and copy of important documents, family locator plan, contact list
- Extra house & car keys, cards, books, games
- Tarp or tent, rope (50 ft), plastic sheeting, ground cloth, space blanket, sleeping bag

### Tools & Equipment

- Fire extinguishers (1 per floor)
- Pliers/wrench or tool to turn off gas and water
- Cell phone and charger (power-bank, solar, car)
- Flashlights/head lamps (battery, solar, or hand-crank), extra batteries, Cyalume light sticks
- Lantern (camping, battery, solar, hand-crank)
- Leather-palm gloves
- Duct tape
- Swiss-army knife, Leatherman tool, camp knife
- Portable radio (battery, solar, or hand-crank)
- Hand-crank AM/FM radio, whistle
- Waterproof matches, candles, fire starter
- Camp saw, shovel, pry bar, ax, broom

### Optional:

- Ladder, chainsaw
- HAM radio, extra batteries, solar charger
- Generator & fuel (gas, propane, or natural gas)

# Build Your Kits (continued)



## Under-bed Safety Kit

You spend up to a third of your life sleeping; prepare under-bed safety kits to help you and family safely get out of the house in a disaster that damages your home, like an earthquake. Protect your feet, hands, and head.

- Sturdy shoes and heavy gloves
- Protective eyewear, N95 dust mask
- Hard hat or bike helmet
- Flashlight, whistle
- HELP/OK sign, neighborhood map and contact list, Neighborhood Readiness booklet with 9 steps

## Ready to “Go Kit”

A Go Kit has the bare essentials to grab and go in a disaster or emergency. It should be easy to carry and contain enough supplies to keep you warm, dry, fed, and hydrated. Store in sturdy backpacks, or storage containers / suitcases with handles or wheels.

**Remember, you may have less time than you think, if you must evacuate.**

- Packed home emergency supplies stored in portable containers (see previous page)
- Local, regional, and state maps, compass
- Cash (small bills), and copy of important documents, family locator plan, contact list
- Extra house and car keys
- Current photo of family members and pets
- Pet leash, pet records, list of pet-ok shelters



## Work/Car “Go Kit”

Store in sturdy backpacks or suitcases with wheels. Remember, you can breakdown anywhere or a disaster can happen while you are at work.

- 1 gal water per person per day – for at least 3 days
- 3 days non-perishable food per person
- Basic first-aid kit, N95 dust mask, Nitrile gloves
- Flashlight and extra batteries
- Prescription drugs
- Sturdy shoes/boots, leather gloves
- Rain gear or waterproof poncho; change of clothes,
- Extra eyeglasses and safety glasses
- Emergency/space blankets, warm blankets
- Radio (battery, solar, or hand-crank), whistle
- Cell phone & charger (power bank, solar, car)
- Cash (small bills), and copy of important documents, family locator plan, contact list
- Local, regional, and state maps, compass
- Tarp, rope, flares, car tool kit

