Build Your Kits

You can also use Red Cross or other resource guides in addition to these pages. Take your time assembling. Recommended minimum is 21-day supply. Spread out purchases over time.
Check your kits annually and replace expired items.

Home Emergency Supplies

Start by finding supplies you already have at home. If you keep any of these supplies in portable containers or back-packs, they can be part of your "Go Kit."

Water & Food:

- ☐ 1 gal water per person per day
- ☐ Water filter, life straw, purification devices/tablets
- ☐ Canteens & 2 or 5 gallon empty water containers (for alternative water collection if needed)
- ☐ Non-perishable food, such as high-calorie food bars, MREs, freeze-dried meals, canned goods, baby food
- ☐ Pet food (dried & canned) and bowl
- ☐ Mess kit – utensils, paper towels
- ☐ Cookware – Manual can opener (P-38, for example), metal pot & cup to heat, portable stove & fuel
- ☐ Seeds for a vegetable garden

Sanitation & Personal Hygiene

- ☐ Soap bars, travel-size baby wipes, hand sanitizer
- ☐ Toilet paper, garbage bags, wag bag
- ☐ Liquid detergent & liquid bleach
- ☐ Toothbrush, toothpaste, shampoo
- ☐ Scissors, tweezers, nail clippers
- ☐ Travel size lotion, sunscreen, lip balm
- ☐ Small pack towel
- ☐ Feminine hygiene items, diapers
- ☐ Pee and poo buckets

First Aid & Medication:

- ☐ Basic first-aid kit, disinfectant, pain meds, EMT sheers, bandages, first-aid manual, insect repellant
- ☐ Disposable nitrile gloves & hand sanitizer
- ☐ Prescription meds
- ☐ Extra eyeglasses, safety glasses, sunglasses
- ☐ Contacts and solutions
- ☐ Hearing aid and batteries
- ☐ N95 dust mask per person
- ☐ Personal items needed by you or your family
- ☐ HEPA filter for smokey atmosphere

Shelter, Comfort, Personal Items

- ☐ Change of clothes, underwear
- ☐ Boots or sturdy shoes, wool socks
- ☐ Warm jacket, fleece, shemagh
- ☐ Wool watch-type cap, hat with flex brim
- ☐ Head Scarf (Nijab, Keffiyeh)
- ☐ Gloves, hand warmers (heat packs)
- ☐ Waterproof rain pants and jacket/poncho
- ☐ Cash (small bills), and copy of important documents, family locator plan, contact list
- ☐ Extra house & car keys, cards, books, games
- ☐ Tarp or tent, rope (50 ft), plastic sheeting, ground cloth, space blanket, sleeping bag

Tools & Equipment

- ☐ Fire extinguishers (1 per floor)
- ☐ Pliers/wrench or tool to turn off gas and water
- ☐ Cell phone and charger (power-bank, solar, car)
- ☐ Flashlights/head lamps (battery, solar, or hand-crank), extra batteries, Cyalume light sticks
- ☐ Lantern (camping, battery, solar, hand-crank)
- ☐ Leather-palm gloves
- ☐ Duct tape
- ☐ Swiss-army knife, Leatherman tool, camp knife
- ☐ Portable radio (battery, solar, or hand-crank)
- ☐ Hand-crank AM/FM radio, whistle
- ☐ Waterproof matches, candles, fire starter
- ☐ Camp saw, shovel, pry bar, ax, broom

Optional:

- ☐ Ladder, chainsaw
- ☐ HAM radio, extra batteries, solar charger
- ☐ Generator & fuel (gas, propane, or natural gas)

Under-bed Safety Kit

You spend up to a third of your life sleeping; prepare under-bed safety kits to help you and family safely get out of the house in a disaster that damages your home, like an earthquake. Protect your feet, hands, and head.

- ☐ Sturdy shoes and heavy gloves
- ☐ Protective eyewear, N95 dust mask
- ☐ Hard hat or bike helmet
- ☐ Flashlight, whistle
- ☐ HELP/OK sign, neighborhood map and contact list, Neighborhood Readiness booklet with 9 steps

Ready to "Go Kit"

A Go Kit has the bare essentials to grab and go in a disaster or emergency. It should be easy to carry and contain enough supplies to keep you warm, dry, fed, and hydrated. Store in sturdy backpacks, or storage containers / suitcases with handles or wheels. Remember, you may have less time than you think, if you must evacuate.

- ☐ Packed home emergency supplies stored in portable containers (see previous page)
- ☐ Local, regional, and state maps, compass
- ☐ Cash (small bills), and copy of important documents, family locator plan, contact list
- ☐ Extra house and car keys
- ☐ Current photo of family members and pets
- ☐ Pet leash, pet records, list of pet-ok shelters

For more info on Go Bags, check out our website:

www.NeighborsReady.org

Work/Car "Go Kit"

Store in sturdy backpacks or suitcases with wheels. Remember, you can breakdown anywhere or a disaster can happen while you are at work.

- ☐ 1 gal water per person per day – for at least 3 days
- ☐ 3 days non-perishable food per person
- ☐ Basic first-aid kit, N95 dust mask, Nitrile gloves
- ☐ Flashlight and extra batteries
- ☐ Prescription drugs
- ☐ Sturdy shoes/boots, leather gloves
- ☐ Rain gear or waterproof poncho; change of clothes,
- ☐ Extra eyeglasses and safety glasses
- ☐ Emergency/space blankets, warm blankets
- ☐ Radio (battery, solar, or hand-crank), whistle
- ☐ Cell phone & charger (power bank, solar, car)
- ☐ Cash (small bills), and copy of important documents, family locator plan, contact list
- ☐ Local, regional, and state maps, compass
- ☐ Tarp, rope, flares, car tool kit